



भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग
आयुष मंत्रालय, भारत सरकार
कार्यालय: टी-19, पहली और दूसरी मंजिल, ब्लॉक-IV, धनवन्तरी भवन,
मार्ग नं. 66, पंजाबी बाग (पश्चिम), नई दिल्ली-110026
National Commission for Indian System of Medicine
Ministry of AYUSH, Govt. of India
Office: T-19, 1st & 2nd Floor, Block-IV, Dhanwantri Bhawan,
Road No. 66, Punjabi Bagh (West), New Delhi-110026



देश का प्रकृति परीक्षण अभियान
॥ आयुष मंत्रालय, भारत सरकार ॥

क्रमांक/ Ref. BOA/7-B/2024

दिनांक/Dated. 05.08.2025

To,

The Dean / Director / Principal
All ASUS Colleges

Subject- The observation of Anti-Ragging Day on 12 August, Followed by Anti-Raging Week from 12 to 18 August 2025 - reg.

Sir/Madam,

With reference to the subject cited above, it is to inform you that the National Commission for Indian System of Medicine has received the following communications:

- Letter Ref. No. 012/2025 (C4Y) dated 30.07.2025 from the UGC National Anti-Ragging Monitoring Agency (copy enclosed).
- Letter Ref. No. 1-74/2016(ARC) dated 22.07.2025 from the Secretary, University Grants Commission, Ministry of Education, Government of India (copy enclosed).

These letters request the circulation of the enclosed advisory to all Higher Educational Institutions (HEIs) and to ensure proactive participation in the observance of Anti-Ragging Day (12 August) and Anti-Ragging Week (12-18 August 2025).

In this regard, students are encouraged to participate in the "Voices from Youth" Video Initiative. Videos may be uploaded in line with the questions and instructions provided on the Anti-Ragging website. All relevant information, downloadable creatives, and submission links are accessible at: <https://www.antiragging.in/action-taken-on-celebration-of-anti-ragging-day-2025.php> The deadline for video submissions is Saturday, 30 August 2025. Entry criteria and submission details are also available on the website.

Therefore, the above is being forwarded to you with a request to take necessary action for its implementation.

Enclosure: As above

ATB

(Dr. Atul B. Varshney)
Nodal Officer Anti-Ragging Cell
Member, BOA
Dr. Atul Babu Varshney
सदस्य, आयुष बोर्ड
Member, Board of Ayurveda
भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग
National Commission for Indian System of Medicine
पंजाबी बाग (पश्चिम), नई दिल्ली-110026
Punjabi Bagh (West), New Delhi-110026

Copy to: -

- Chairperson, NCISM, New Delhi-110026.
- All Board President, NCISM.
- Member, BOA & BUSS, NCISM.
- The Secretary, University Grants Commission, Ministry of Education, Govt. of India, Bahadur Shah Zafar Marg, New Delhi-110002, Email: secy.ugc@nic.in
- Chairperson, C4Y- UGC National Anti-Ragging Monitoring Agency
antiragging@c4india.org
- Guard file

(Dr. Atul B. Varshney)
Nodal Officer Anti-Ragging Cell
Member, BOA
(NCISM)



आचार्य मनिष र. जोशी
सचिव



सत्यमेव जयते

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आज़ादी का
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

Prof. Manish R. Joshi
Secretary

DO No.1-74/2016 (ARC)

31 आषाढ़ 1947 / 22nd July, 2025

आदरणीय महोदया/महोदय,

To prevent ragging, the UGC has framed regulations on curbing the menace of ragging in higher educational institutions. These regulations are mandatory, and all institutions are required to take necessary steps for its implementation in toto, including the monitoring mechanism as per provisions in the above regulations and ensure its strict compliance. The UGC has also taken several proactive steps, including the effective launch of media campaigns and awareness activities for preventing ragging. Videos on anti-ragging are also uploaded on UGC website for use by higher education institutions.

As a step further, UGC has decided in 2023 that Anti Ragging Day would be observed on 12th August, followed by Anti Ragging Week from 12th August to 18th August. This initiative is one of the tools of the Commission to increase awareness against ragging. The Higher Educational Institutions are desired to adopt the following activities during the celebration of Anti-Ragging Day/Week:

- i. Inaugural ceremonies to mark the launch of Anti-Ragging Day/Week.
- ii. Competitions such as slogan writing, essay writing, poster making, logo designing, street play performances, photography, quiz competitions, debates, and more on Anti-Ragging themes. Distribute certificates and prizes to encourage the participants to actively promote Anti-Ragging measures.
- iii. Social media campaigns, activity posts, and video messages by the head of the institutions to disseminate Anti-Ragging messages on the institution's website and social media platforms.
- iv. Awareness activities like workshops, seminars, interactive sessions, and other creative avenues such as setting up selfie corners on campus to spread the key messages.
- v. Encourage your students to participate in the National Contest 2025 on Digital Posters, Reels, and Short Videos. Detailed information regarding the National Contest, its categories, deadlines, eligibility, selection, and awards is available at www.antiragging.in.
- vi. Anti-Ragging short films/ TVCs may be screened for students and faculty (available on UGC website www.antiragging.in).
- vii. Forward this advisory to all the colleges within your jurisdiction to celebrate Anti-Ragging Day/Week.

AR. Letter No. 012/2025 (C4Y)

Dated: July 30, 2025

Subject: Observance of Anti-Ragging Day on 12 August and Anti-Ragging Week from 12 to 18 August

Dear Madam/Sir,

To prevent ragging, the UGC has framed regulations to curb this menace in higher education institutions. The UGC has taken several proactive measures to raise awareness about preventing ragging in higher education institutions.

In observance of Anti-Ragging Day on 12th August, followed by Anti-Ragging Week from 12th to 18th August, the University Grants Commission (UGC), and Centre for Youth (C4Y), the UGC National Anti-Ragging Monitoring Agency, advise Higher Educational Institutions (HEIs) to organise various awareness activities during this period:

1. Use the hashtag **#YaARIYouthAgainstRagging** in all your awareness activities and social media campaigns & posts related to celebrating Anti-Ragging Day/Week, and tag UGC and C4Y.
2. Conduct social media campaigns, post activities, and video messages by the head of the institution to disseminate Anti-Ragging messages on the institution's website and social media platforms.
3. Kindly organise the activities as suggested in the UGC's Advisory dated 22 July 2025 i.e. (i) Inaugural ceremonies, (ii) Competitions (Slogan writing, essay writing, poster making, logo designing, street play performances, photography, quiz competitions, debates, and more on Anti-Ragging themes), (iii) Anti-Ragging workshops, seminars, interactive sessions, rallies, and other creative avenues, (iv) Screening of short films/ TVCs to the students and faculty.
4. UGC and C4Y are organising a **National Contest 2025** for students: Contest 1 - Instagram Threads Digital Poster Making, Contest 2 - Instagram Reel Making, and Contest 3 - YouTube Video. Please disseminate this information among your students and encourage their participation. The poster and the detailed information is available at www.antiragging.in regarding the National Contest, its categories, deadlines, eligibility, selection, submission and awards.
5. Selfie Stand designs have been created for you to print, and for this, you may consider designating an Anti-Ragging Selfie Corner in a prominent location on your campus.
6. To facilitate these awareness activities, the creative designs for Anti-Ragging Day/Week: (i) Banners, (ii) National Contest 2025 Poster, (iii) Social Media Creatives, and (iv) Selfie Stand designs can be accessed and downloaded from the Anti-Ragging website.

एपेक्स इंस्टीट्यूट ऑफ आयुर्वेदिक मेडिसीन एवं हॉस्पिटल

एपेक्स वेलफेयर ट्रस्ट द्वारा संचालित मल्टी स्पेशियलिटी हेल्थ केयर, आयुर्वेदिक रिसर्च संस्थान

एन. एच. 7, वाराणसी- मीरजापुर रोड, समसपुर, हवेली, चुनार, जि. मीरजापुर

फो.: 9628214214, 9415626497 ईमेल: aims.mzp@gmail.com

Ref. No. - AIMS/2024/0823

Date: 04/11/2024

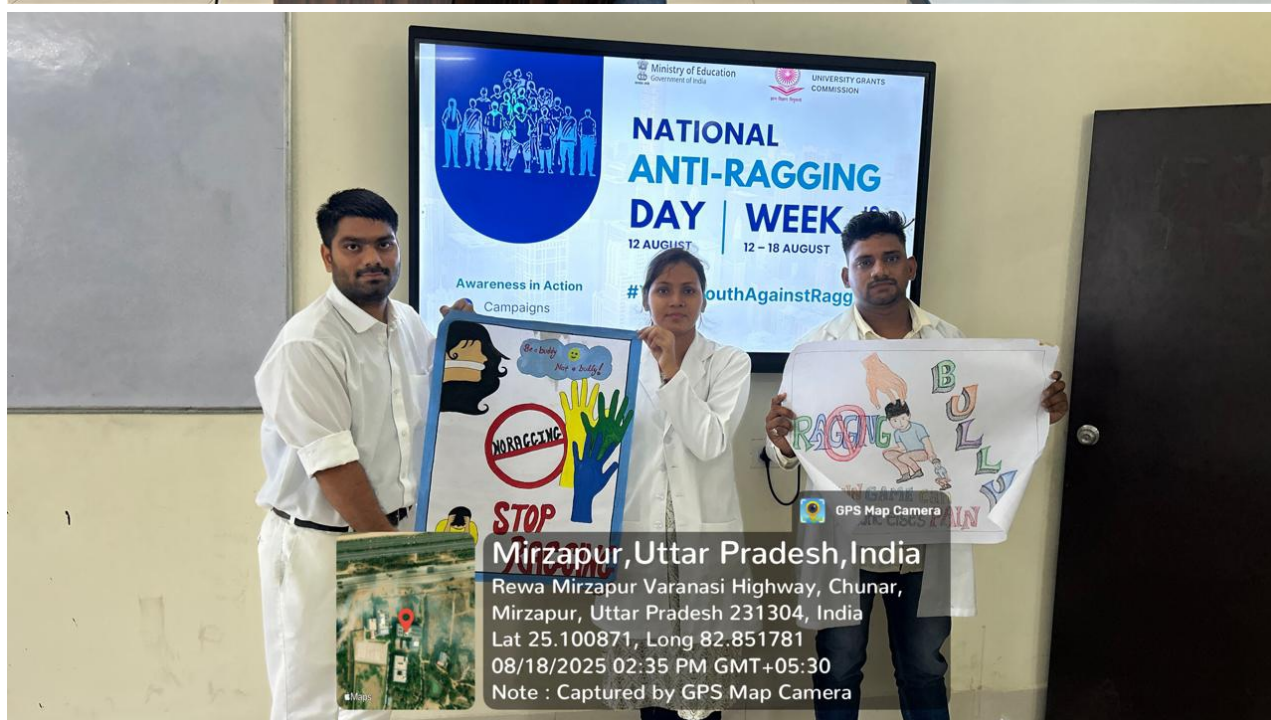
Formation of Institute Level Anti-Ragging Committee and Squad For Session 2024-25

Reg. Ref: Directives of the Supreme Court of India, dated May 16, 2007 in SLP No. (s) 24295 of 2006 University of Kerala Vs Council, Principals', Colleges, Kerala & Others (with SLP (C) No. 24296-99/2004 & W.P. (Crl.) No. 173/2006 and SLP (C) No. 14356/2005 and notification of UGC & NCISM, New Delhi regarding formation of Anti Ragging Committee the Institute has formed Anti-Ragging Committee and Squad for overseeing the implementation of the provisions of the verdict with immediate effect. The Anti-Ragging Committee will be having the following members.

- | | | |
|--------------------------------|----------------------------|------------------|
| 1. Prof. Prabhat Kumar Singh - | Principal, AIAMH | Mob.: 9415204632 |
| 2. Prof. Anju singh - | Member, Professor | Mob.: 9839060244 |
| 3. Dr. Abha Singh - | Member & Associate Prof. | Mob: 9935346195 |
| 4. Prof. P. K. Rai - | Member, Professor | Mob.: 9415813479 |
| 5. Mr. Satish Kr. Rai - | Member & Advocate | Mob.: 9415997153 |
| 6. Mr. Sanjeev Sharma - | Member, Media House | Mob.: 9919924888 |
| 7. Mr. Pankaj Singh - | Member & Manager | Mob.: 9076500791 |
| 8. Mr. L. R. Yadav - | SHO, Chunar Police Station | Mob.: 9415988333 |
| 9. Mrs. Shyam Nandini - | Hostel Warden (Girls) | Mob: 9076500798 |
| 10. Mr. Kaushal Kumar Singh - | Boys Hostel Warden | Mob.: 9140869923 |
| 11. Dr. Priyanka Singh - | Parent representative | Mob.: 9977788027 |
| 12. Prabha Tripathi - | Student BAMS-2020 Batch | Mob.: 9335735403 |
| 13. Amit Kumar - | Student BAMS-2020 Batch | Mob.: 7607125746 |
| 14. Ashish Kumar Singh - | Student BAMS-2020 Batch | Mob: 9935815933 |

PRINCIPAL

APEX INSTITUTE OF AYURVEDIC
MEDICINE AND HOSPITAL
NH-7, MIRZAPUR - VARANASI ROAD
SAMASPUR, CHUNAR, MIRZAPUR - UP







Apex Institute of Ayurvedic Medicine & Hospital

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● एपेक्स इंस्टिट्यूट ऑफ आयुर्वेदीक मेडिसिन एण्ड हॉस्पिटल में "एंटी रैगिंग वीक" का आयोजन ●

एनसीआईएसएम एवं विश्व विद्यालय अनुदान आयोग (UGC), उत्तर प्रदेश शासन के निर्देशानुसार एपेक्स इंस्टिट्यूट ऑफ आयुर्वेदीक मेडिसिन एण्ड हॉस्पिटल में दिनांक 12 अगस्त से 18 अगस्त 2025 तक "एंटी रैगिंग वीक" मनाया गया।

👉 इस अवसर पर संस्थान में रैगिंग निवारक नियमों के प्रति जागरूकता कार्यक्रम आयोजित किए गए।

👉 छात्रों ने राष्ट्रीय स्तर पर आयोजित वाद विवाद प्रतियोगिता, पोस्टर, शॉर्ट वीडियो एवं रील प्रतियोगिताओं में भाग लिया।

👉 इस अवसर पर आयुर्वेद प्रधानाचार्य प्रो पी के सिंह, उपप्रधानाचार्य प्रो पी के राय, संकाय सदस्य एवं छात्र- छात्राये उपस्थित रहे।

इस अवसर पर संस्था के डीन प्रो सुनील मिस्त्री ने विद्यार्थियों के कार्य की सराहना की और यह स्पष्ट संदेश दिया कि — "रैगिंग एक अपराध है"।

👉 एपेक्स कॉलेज का संकल्प है संस्थान में रैगिंग मुक्त वातावरण सुनिश्चित किया जाए और छात्रों को एक सुरक्षित एवं सकारात्मक शैक्षिक माहौल प्राप्त हो।

#YaARIYouthAgainstRagging #apexinstituteofayurvedicmedicineandhospital #ncism #UGC
#ncismmm #AntiRaggingWeek #SayNoToRagging #SafeCampus #PositiveEducation
#StudentAwareness #RaggingFreeCampus #UPGovtInitiative #Chunar